



Town of Estes Park - Senior Services  
Estes Park Senior Center  
220 Fourth Street  
Estes Park, Colorado 80517  
[www.estes.org/seniorcenter](http://www.estes.org/seniorcenter)

Lori Mitchell  
Senior Services Manager  
[lmitchell@estes.org](mailto:lmitchell@estes.org)  
970-577-3765

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News - For immediate release

### **Rock on! 85 year old climber shares his story**

The Town of Estes Park's Senior Services Division is collaborating with the University of Colorado Health's Aspen Club to bring an inspirational program to Estes Park in July. The program, called Rock On! – will be presented on Tuesday, July 14 from 1:00 to 2:30 p.m. at the Estes Park Museum meeting room, 200 Fourth Street. No registration is needed for this free program.

Meet Loveland resident Robert Kelman. He is an 85 year old gentleman whose passion has been technical rock climbing for the past 44 years. He states that at his age, he is thankful every time he can get another climb in - it's just part of who he is. His family knows this is his passion and what drives him, and although they often worry, they have learned to accept that he's going to do it, one way or the other! In 1994, he started a publishing company called Heel and Toe Publishers, which releases outdoor guides. Robert was born with a defective heart valve at birth, and in 1997, he had a valve replacement. And just recently (in May of this year!) he underwent a revision to his original surgery from 18 years ago. This may slow him down for the remainder of this year, but Robert's goal is to be back climbing the mountains by 2016. Come and be inspired by his motivation, climbing adventures, staying healthy and more.

At the end of the program, Estes Park Museum's Education Coordinator Alicia Mittelman will provide a free tour of the Museum's current special exhibit, "Climb On" featuring the climbing history of the Estes Park area.

The Aspen Club was established in 1989 to provide a wide range of health education, screenings, hospital discounts and social opportunities to residents in Larimer County. For more information on the Aspen Club, please visit their website at [www.pvhs.org](http://www.pvhs.org) or call (970) 495-8560 in Fort Collins or (970) 624-1860 in Loveland. For more information, please contact the Estes Park Senior Center at (970) 586-2996 or visit the Center at 220 Fourth Street, Monday through Friday between 9:00 a.m. and 4:00 p.m. Please visit the Senior Center website at [www.estes.org/seniorcenter](http://www.estes.org/seniorcenter). To receive Senior Services news in your e-mail inbox, please e-mail [lmitchell@estes.org](mailto:lmitchell@estes.org).

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